



Please Sponsor my Chums & Me on our Coast to Coast Cycle Ride

August Bank Holiday Weekend 2010

I, and eight of my wife's colleagues at UCBC, Blackburn, are cycling the 137 miles from Whitehaven to Tynemouth in aid of Haiti Disaster Relief. One of our number, retired firefighter Andy Barnes, was part of the relief team, and his experiences there motivated him to raise funds in support of this impoverished country. We aim to raise £5000. That's about £500 each. Your contribution will be appreciated. Thanks

Martyn

Help us to help Haiti.

Nine members of UCBC staff are currently training in order to complete the Coast to Coast (C2C) by bike ride for charity. The ride starts on Thursday 26 August on the west coast at Whitehaven, Cumbria with our back wheels in the Irish sea and ends 137 painful, undulating miles later on 28 August when our front wheels dip into the North sea in Tynemouth.

Our cause is Haiti. Why? One of our riders is one of the British Fire & Emergency Rescue team who travelled out there during the first days of disaster in January. He was so moved by the devastation he returned with a desire to do more for the Haitian people. The levels of devastation are immense. a whole nation is on its knees. they desperately need our help.

Overview:

Haiti is one of the poorest and least developed countries in the world, Haiti in recent years has struggled with problems ranging from near-constant political upheaval, health crises, severe environmental degradation and an annual barrage of hurricanes.

On Jan. 12, 2010, a devastating earthquake struck Haiti, reducing much of its capital to rubble. It was the worst earthquake in the region in more than 200 years. A study by the Inter-American Development Bank estimates that the cost could be between \$7.2 billion to \$13.2 billion, based on a death toll from 200,000 to 250,000. The toll has been since been revised by Haiti's president at upwards of 300,000.

Huge swaths of the capital, Port-au-Prince, lay in ruins, and thousands of people were trapped in the rubble of government buildings, foreign aid offices and shantytowns. Schools, hospitals and a prison collapsed. Thousands of new amputees are facing the stark reality of living with disabilities in a shattered country whose terrain and culture have never been hospitable to the disabled.

If you would like to Help us to help Haiti, please sponsor the UCBC C2C Team.

If everyone we know sponsors us with ONE of their luxury items i.e. the cost of a pint of beer (£2.50), a glass of wine (£3.00) or a packet of cigarettes (£5.00) we could raise our target of £5,000

We would like to thank each and everyone of you in advance for your donations... THANK YOU

x

www.justgiving.com/ucbc-c2c

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