

Tower Shukokai

KARATE

Club

BUILD FITNESS
AND SELF
CONFIDENCE

DARWEN LEISURE CENTRE
THURSDAYS 7.30-9.00PM

FREE
MEMBERSHIP

CRB
CLEARED,
QUALIFIED
COACHES

EDGORTH
SCHOOL
MONDAYS
7.15-9.00 AND
SATURDAYS
9.30-12.00



Martyn Skipper 4th Dan

34 years experience
English National runner-up, 2009 British
International Open Champion

Andy Allwood 5th Dan

Chief Instructor
27 years experience
Former North West Open Heavyweight
Champion

IDARWEN'S OLDEST
KARATE CLUB
ESTABLISHED
1987



BEGINNERS
ALWAYS
WELCOME

FOUNDER MEMBER
ENGLISH KARATE



FEDERATION

☎ 07960 794160

e andyallwood@aol.com

🌐 www.towershukokai.co.uk

AFFILIATED TO

